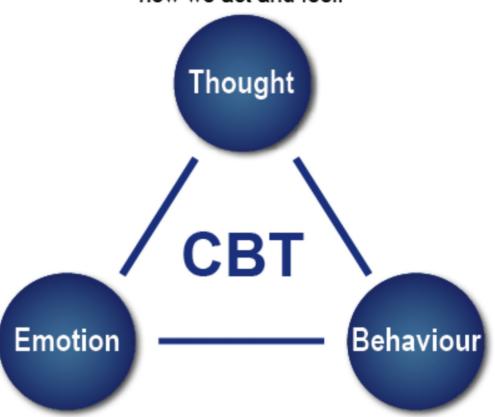


What we *think* affects how we act and feel.



What we feel affects how we think and do.

What we do affects how we think and feel.